



# JUNIOR REC TEAMS

Info for HS Coaches

Our junior rec teams are designed for beginner/intermediate dancers in grades 5–8. Dancers in our rec program are promised the following:

2 hours per week = 1 hour technique, 1 hour practice

Learn technique, sidelines, and dances

Work with HS dance team members

Shadow HS dance team practices

Attend competitions to watch

*\*Optional\**  
Showcase performance on May 4, 2024

SPARK takes care of scheduling, communication, reserving space, instructors/teaching, billing, and more! Here is what we need from you:

## **HIGH SCHOOL COACH'S COMMITMENT**

Help advertise by sending your dancers to flyer at middle schools.



Provide dates & times when juniors can come shadow practices.



Send our mentorship application to your dancers; we'll take it from there!



Let us know which competitions you plan on attending and which categories.



## **BONUS**

Performance opportunities!  
(i.e. JV basketball half-time, showcases, nationals send-offs, etc.)



Are you in?! Email us to get started!  
[SparkJrPrograms@gmail.com](mailto:SparkJrPrograms@gmail.com)